Key policies and practice guidance on housing and dementia

Key documents	
Authors	All Party Parliamentary Group on Housing and Care for Older People
Title	Housing our Ageing Population: Plan for Implementation (HAPPI2) Report (2012)
Available at	https://www.housinglin.org.uk/Topics/type/Housing-our-Ageing-Population-Plan-for-Implementation-HAPPI2-Report-2012/

The All Party Parliamentary Group Inquiry's Plan for Implementation sets out key actions to boost the adoption of the Housing our Ageing Population: Panel for Innovation report, published in 2009.

Authors	Alzheimer's Society
Title	Home Truths: Housing Services and Support for People with Dementia
Available at	https://www.alzheimers.org.uk/sites/default/files/migrate/downloads/alzheimers_society_home_truths_report.pdf

This report provides a broad overview of the key issues relating to housing as experienced by people with dementia. The report summarises existing evidence and presents new evidence from people with dementia and their carers. It makes recommendations to those working in the housing and social care sectors around closer integration, ensuring people with dementia get the information and advice they need and supporting people with dementia to be able to live in the homes of their choice.

Authors	Care and Repair Scotland
Title	Good Practice Guide: Enabling Older and Disabled People to Stay in their Own Homes
Available at	https://ihub.scot/media/1600/care-repair-good-practice-guide-electronic-final-version.pdf

This Good Practice Guide was produced by Care and Repair Scotland, the national coordinating body for Care and Repair services. It focuses on the role of Care and Repair in providing personal, financial and technical support to older and disabled people facing the

difficult task of repairing, improving or adapting a home which is no longer suitable for their needs. The aim of this Good Practice Guide is to assemble and present the best policy, planning and practice material available, so that Care and Repair services in Scotland continuously improve and build capacity to achieve the vision of Care and Repair, which is of a Scotland where all older and disabled people can access Care and Repair services to enable them to continue living in their own home for as long as it is safe and practical for them to do so.

Authors	Chartered Insitute of Housing (Scotland)
Title	Dementia Pathways: Housing's role (Key Research Findings)
Available at	www.cih.org/resources/PDF/Scotland%20Policy%20Pdfs/Dementia/Dementia%20Research%20Findings%20Complete%20FINAL.pdf

During 2016 CIH Scotland commissioned Arneil Johnston to deliver the second phase of its housing and dementia programme. This phase of the research focused on improving the links between housing organisations and partners in health, social care and the third sector, with a specific emphasis on the role of the housing professional in meeting the needs of those living with dementia. It is hoped that the outcomes of this study will enable an improved understanding of housing's role in dementia care, by setting out clearly the contribution that housing staff and services can make.

Authors	Chartered Insitute of Housing (Scotland)
Title	Dementia Pathways: Housing's role (Practice Guide)
Available at	www.cih.org/resources/PDF/Scotland%20Policy%20Pdfs/Dementia/CIH_Dementia_pathways%20FINAL.pdf

CIH Scotland commissioned Arneil Johnston, in May 2016, to undertake research for the second phase of its housing and dementia programme. A summary of the key findings from the research was launched in March 2017. This practice guide contains the main findings and learning from the phase 2 research, which focused on the role of housing practitioners and of housing practice within an integrated approach to dementia care. The housing role was mapped across four housing and dementia pathways that represent important stages of the dementia journey. The pathways were identified by professionals working across housing, health, social care and dementia services. They provide the main structure for the guide.

Authors	Commission on Housing and Wellbeing
Title	A blueprint for Scotland's future

Available at	http://www.housingandwellbeing.org/

The Commission on Housing and Wellbeing was established by Shelter Scotland in the autumn of 2013. Shelter Scotland asked the Commission to make an independent, evidence-based assessment of the importance of housing for general wellbeing in Scotland. We were also asked to make recommendations for future priorities and policies that would help to improve housing conditions and wellbeing.

The report is structured around seven sections: • Wellbeing – our Approach • Housing as 'Home' • Neighbourhood and Community • Economic Wellbeing (Employment and Income) • Health and Education • Environmental Sustainability • Delivery, Implementation and Resources.

Authors	Stirling Dementia Services Development Centre
Title	Dementia Services Development Centre: 30 Years of Design
Available at	https://dementia.stir.ac.uk/system/files/filedepot/59/01980_dsdc_design_timeline_18a.pdf

Authors	Dementia Services Development Centre, JIT, CIH Scotland and University of Stirling
Title	Improving the design of housing to assist people with dementia
Available at	http://www.cih.org/resources/PDF/Scotland%20general/Improving%20the%20design%20of%20housing%20to%20assist%20people%20with%20dementia%20-%20FINAL.pdf

The guidance provides a brief introduction to key design features that will enhance the internal and external living environment of people with dementia. It explains why extra care needs to be paid to design for people with dementia. Most of the recommendations do not involve additional cost – just a little forethought during the planning, refurbishment or redevelopment of accommodation.

Authors	Housing Learning and Improvement Network
Title	Homes for Old Age: Independent Living by Design

Available at	https://www.housinglin.org.uk/Topics/type/Homes-for-our-old-age-Independent-living-by-design/

This Housing LIN Report was published jointly with CABE (Commission for Architecture and the Build Environment). It contains ten case studies; nine on extra care and one on adapted general needs housing. It describes main design features, draws out lessons learned about what contributes to people's independence and describes what residents like and dislike about the designs.

Authors	Healthcare Improvement Scotland (ihub)
Title	The Housing Contribution to Health and Social Care Integration: How Well Are We Doing?
Available at	https://ihub.scot/media/2114/publication-ks-1.pdf

This report attempts to review what has been said so far about housing and health, examine the scope for influence by housing professionals, identify the common themes which are emerging, consider the evidence of housing links with health and wellbeing for those who still need convincing, and give positive examples of housing in action.

Authors	Healthcare Improvement Scotland (ihub)
Title	Place, Home and Housing Scoping Report
Available at	https://ihub.scot/media/1468/20182505-ihub-phh-re-design-scoping-report-dec-17-final.pdf

Healthcare Improvement Scotland commissioned this report to understand the key areas of focus for its Place, Home and Housing Portfolio. This follows the inclusion of Housing as part of the Improvement Hub and embedding it within its growing and diverse range of Improvement Portfolios. The report will examine the key strategic drivers, findings following stakeholder consultation, design principles and therefore outline the key areas of focus for the Place, Home and Housing Portfolio to inform its delivery.

Authors	Healthcare Improvement Scotland (ihub)
Title	Changing Minds, Improving Lives in Scotland: Focus on Dementia
Available at	https://ihub.scot/media/1462/20180628-fod-report-1-0.pdf

This report sets out a summary of the Focus on Dementia team's key achievements in the last year to support the implementation of key commitments within Scotland's third dementia strategy.

Authors	Healthcare Improvement Scotland (ihub)
Title	A Quality Improvement Framework for Dementia Post-Diagnostic Support in Scotland
Available at	https://ihub.scot/media/5363/20180816-pds-qif-online-v10.pdf

Focus on Dementia is the national improvement programme for dementia in Scotland, based within Healthcare Improvement Scotland's Improvement Hub (ihub). This report sets out a summary of our key achievements in the last year to support the implementation of key commitments within Scotland's third dementia strategy.

Authors	Healthcare Improvement Scotland (ihub)
Title	Focus on Dementia Brochure
Available at	https://ihub.scot/media/1237/20170320-fod-booklet-v1-0.pdf

Focus on Dementia is a national improvement portfolio established by the Scottish Government and based within the ihub of Healthcare Improvement Scotland. Focus on Dementia work in partnership with national organisations, health and social care partnerships, people with dementia, and carers to reduce variation and improve quality of care. Taking a whole pathway approach, the team's work supports: ► improvements in diagnosis and post-diagnostic support ► integrated care co-ordination in the community ► specialist dementia units, and ► acute care and advanced care. All of this work is supporting the implementation of Scotland's dementia strategies and informing future policy and practice.

Authors	Joint Improvement Team
Title	Making the connection: guide to assessing the housing related needs of older and disabled households
Available at	https://ihub.scot/media/1932/making-the-connection-user-guide.pdf

This guide has been developed as a companion to and not a replacement for the Scottish Government (2014) Housing Need and Demand Assessment (HNDA): A Practitioner's Guide. It offers non prescriptive advice to help strategic planners engaged in the HNDA and the Joint

Strategic Needs Assessment (JSNA) process to work together to develop a shared perspective of the needs and demands of older households and households that contain someone with a physical disability, learning disability, and/or a mental health problem.

Authors	National Housing Federation
Title	Dementia: Finding Housing Solutions
Available at	https://www.housinglin.org.uk/_assets/Resources/Housing/OtherOrganisation/Dementia_-_Finding_housing_solutions.pdf

This report highlights how good housing and related services can impact positively on the lives of people with dementia, from delaying more intensive forms of care to preventing admission and readmission to hospital. Case studies from housing associations and home improvement agencies show how appropriate housing can:
• reduce or delay demand for health and social care services for people with dementia
• improve the rate of diagnosis of dementia
• deliver improved health and social care outcomes at a lower cost

Authors	Royal Town Planning Institute (RTPI)
Title	Dementia and Town Planning: Creating Better Environments for People Living with Dementia
Available at	https://www.rtpi.org.uk/media/2213533/dementia_and_town_planning_final.compressed.pdf

This practice note gives advice on how good planning can create better environments for people living with dementia. It summarises expert advice, outlines key planning and health policy and highlights good practice case studies.

Authors	Scottish Government
Title	Older People's Housing Strategy: Delivery Plan
Available at	https://www.gov.scot/publications/older-peoples-housing-strategy-delivery-plan/

This plan sets out the actions in Age, Home and Community: A Strategy for Housing for Scotland's Older People: 2012 – 2021. It provides a description of what each action entails, as well as details of the expected output, timescale and milestones.

Authors	Scottish Government
Title	Scotland's National Dementia Strategy 2017-2020
Available at	https://www.gov.scot/publications/scotlands-national-dementia-strategy-2017-2020/

This strategy is the product of collaboration between colleagues from across health, social care and the third sector and includes direct input at every stage from people with dementia, their families and carers. To facilitate this input, the Scottish Government and Alzheimer Scotland hosted a series of National Dementia Dialogue events in 2016 and 2017, which gave people the opportunity to share their views on our proposals. Following these events, the Scottish Government published its proposal for our next three-year strategy. A National Expert Advisory Group also advised us on the nature and development of the strategy and its associated commitments.

Authors	Scottish Government
Title	Age, Home and Community: The Next Phase
Available at	https://www.gov.scot/publications/age-home-community-next-phase/

This is a refresh of the 2011 publication of the Age, Home and Community strategy.

Authors	Scottish Government
Title	Evaluation of the Effectiveness of the 8 Pillars Model of Home Based Support
Available at	https://ihub.scot/media/1735/evaluation-effectiveness-8-pillars.pdf

The Scottish Government commissioned Blake Stevenson to undertake an evaluation of the 8 Pillars home-based support model for people with dementia.

Authors	Scottish Government
Title	Self-directed Support Implementation Study 2018: Report 1: The SDS Change Map
Available at	https://www.gov.scot/publications/self-directed-support-implementation-study-2018-report-1-sds-change-map/

The main aims of the study were to assess and analyse the existing evidence base, to produce a refreshed set of key research questions for the ongoing monitoring and evaluation of self-directed support, and to carry out studies on two specific themes.

The study addressed three interconnected elements:

A: an evaluability assessment of self-directed support;

B: research on the economics/resource implications of self-directed support; and,

C: research on Option 2 in practice.

Authors	Scottish Government
Title	Self-directed Support Implementation Study 2018: Report 2: Evidence Assessmet for Self-directed Support
Available at	https://www.gov.scot/publications/self-directed-support-implementation-study-2018-report-2-evidence-assessment/

This report presents the results of: an international literature review; an assessment of current data and other evidence in Scotland on self-directed support; material from case studies.

Authors	Scottish Government
Title	Self-directed Support Implementation Study 2018: Report 3: Self-directed Support Case Studies
Available at	https://www.gov.scot/publications/self-directed-support-implementation-study-2018-report-3-case-studies/

This report presents findings from 13 case studies of self-directed support in Scotland in 2018.

Authors	Scottish Government
Title	Self-directed Support Implementation Study 2018: Report 4: Summary of Study Findings and Implications
Available at	https://www.gov.scot/publications/self-directed-support-implementation-study-2018-report-4-summary-study-findings-implications/

This report summarises components of the research detailed in the previous reports.

Authors	Scottish Public Health Network
Title	Foundations for well-being: reconnecting health and housing
Available at	https://ihub.scot/media/1063/2017_03_08-hh-main-report-final.pdf

The time right for a reconnection between the worlds of public health and of housing. In this context, this report aims to guide both sectors in their work to improve health and reduce inequalities through the provision of good housing. It is intended not as an exhaustive account of the ways in which housing can influence health, but as a practical resource to support joint working.

Authors	University of Stirling/Dementia Services Development Centre
Title	Literature Review: The cost effectiveness of assistive technology in supporting people with dementia - report to the Dementia Services Development Trust
Available at	https://dementia.stir.ac.uk/system/files/filedepot/1/the_cost_effectiveness_of_assistive_technology_in_supporting_people_with_dementia_october_13_1.pdf

The literature review aimed to identify and assess evidence regarding the costs and benefits of assistive technology in supporting people with dementia. 'Assistive technology' was defined broadly for the purposes of the review, using definitions given in the DSDC/JIT publication 'Telecare and dementia' (Kerr et al 2010). The term includes:

- 'remote or enhanced delivery of health and social services to people in their own home1 by means of telecommunications and computerised systems' (Scottish Government 2010)

- 'technological+ devices for personal use designed to enhance the physical, sensory and cognitive abilities of people with disabilities to help them function more effectively' (Kerr et al 2010).

The review included both technology offered through formal services and technology for private or personal use. In the context of a policy climate moving increasingly towards personalised services, care at home and support for informal care, both aspects are important.

Authors	University of the West of Scotland
Title	Being Home: Housing and Dementia in Scotland
Available at	https://www.uws.ac.uk/media/4035/being-home-full-report.pdf

This report explores the underlying evidence, exposes some common assumptions and a range of policy and other current influences shaping current housing services, support and options available to people living with dementia. Alternatives and future options, including a prototype online resource, are also suggested to encourage innovation and discussion. This report offers a range of views, ideas and evidence to inform and progress the debate in Scotland.

Participation resources

Authors	The Dementia Engagement and Empowerment Project
Title	Tips for organisations wanting to consult people with dementia about written documents
Available at	http://dementiavoices.org.uk/wp-content/uploads/2013/11/DEEPGuide-Consulting-about-written-documents.pdf

This guide provides tips for organisations wanting to consult with people with dementia.

Authors	Healthcare Improvement Scotland's ihub
Title	Anticipatory Care Plan Toolkit
Available at	https://ihub.scot/anticipatory-care-planning-toolkit/

This guidance has been developed to help health and care professionals to support individuals who would benefit from Anticipatory Care Planning.
A number of Anticipatory Care Planning documents have been developed for use across Scotland. People may also choose to use the My Anticipatory Care Plan "Let's think ahead" App that is available for download free of charge from the App Store. More information available from myacp.scot

Authors	Joseph Rowntree Foundation
Title	Exploring Ways Staff Consult People with Dementia about Services

Available at	http://www.jrf.org.uk/publications/exploring-ways-staff-consultpeople-with-dementia-about-services

This paper, written by Kate Allan for the Joseph Rowntree Foundation, explores how staff can encourage people in their care to express their views and preferences. It describes how staff in ordinary settings were supported in developing individualised approaches to consultation, building on individual service users' personal strengths.

Authors	Scottish Health Council
Title	Participation Toolkit
Available at	ttp://www.scottishhealthcouncil.org/patient__public_participation/participation_toolkit/the_participation_toolkit.aspx

This toolkit supports NHS staff to involve patients, carers and members of the public in their own care and in the design and delivery of local services. It offers a number of tried and tested tools along with some more recently developed approaches.

Authors	Social Care Institute for Excellence
Title	Participation in development of dementia care
Available at	https://www.scie.org.uk/dementia/supporting-people-withdementia/participation-in-development.asp

This video highlights how commissioners support organisations and carers and how they all have a role to play in enabling the person with dementia to share their knowledge and experience for the benefit of others and gives practical examples.